

PARKINSON'S^{UK}
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PARKINSON'S UK
CREWE AND DISTRICT BRANCH

ANNUAL GENERAL MEETING

3 February 2016



#takecontrol



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Report Editor: Lesley Greenhalgh

Editorial Content: Mike Card
Dennis Fricker
Lesley Greenhalgh

AGENDA

1. Introduction and Welcome - President
2. Guest Speakers. Introduction - Chairman
 - **Vic Harris**, Chartered Engineer, HR Professional and Rotarian - Rotary's "End Polio Now" Campaign.
 - **Marion Rogers**, Area Development Manager, Parkinson's UK,
Steve Mowbray, Volunteer Co-ordinator, Parkinson's UK - Overview of Parkinson's UK new strategy.

REFRESHMENTS

3. Apologies for Absence - Chairman
4. Approval of the Minutes of AGM held 4 February 2015
5. Branch Report - Chairman
6. Election of Committee - Parkinson's UK Representative/Chairman
7. Any Other Business

CREWE AND DISTRICT BRANCH, PARKINSON'S UK ANNUAL GENERAL MEETING

4 February 2015

MINUTES

1. Introduction and Welcome

Branch President, Ray Stafford, welcomed everyone to the meeting and thanked them for their attendance.

2. Guest Speakers

Branch Chairman, Dennis Fricker, introduced the guest speakers.

Dr Rosemary Fricker, Senior Lecturer in Biomedical Sciences, Keele University, spoke on Parkinson's Research - Now and The Future.

Gill Carberry, Branch and Volunteer Support Officer, Parkinson's UK, updated the meeting about the activities of Parkinson's UK. She extended her personal thanks to the committee and particularly Dennis Fricker for the work carried out for Parkinson's UK.

Sue Milne, NHS South Cheshire CCG, was unable to attend so Dennis Fricker provided an update on the Parkinson's Nurse.

Dennis Fricker thanked Rosemary and Gill for their attendance.

3. Apologies for Absence

No apologies for absence had been received.

4. Approval of the Minutes of AGM held 19 February 2014

Minutes of the AGM held on 19 February 2014 were proposed by Carole Buckingham, seconded by Jenny Sadler and approved by the meeting.

5. Branch Report

Dennis Fricker referred those present to the Branch Report contained in the AGM documentation.

He thanked everyone connected with the Branch for their help and friendship during the year.

6. Election of Committee

Position	Nomination	Proposed	Seconded
President (Hon)	Ray Stafford	Dennis Fricker	Jenny Sadler
Chair	Dennis Fricker	Bob Bennion	Angela Allinson
Vice Chair	Jenny Sadler	Margaret Elwell	Sandra Gott
Treasurer	Angela Allinson	Margaret Elwell	Sandra Gott
Secretary	Lesley Greenhalgh	Margaret Elwell	Sandra Gott
Fund-Raising	Linda Cooke	Margaret Elwell	Sandra Gott
Membership	Carole Buckingham	Margaret Elwell	Sandra Gott
Committee	Bob Bennion	Margaret Elwell	Sandra Gott
	Mike Card	Margaret Elwell	Sandra Gott
	Andrew Fricker	Margaret Elwell	Sandra Gott
	Geoff Sheridan	Margaret Elwell	Sandra Gott
	Jean Sheridan	Margaret Elwell	Sandra Gott

7. Any Other Business

Vivienne Ranson advised that her daughter, Rebecca, had carried out a Skydive in aid of Parkinson's UK during the summer. Rebecca had asked Head Office for the website donations to be transferred to the Branch for use locally and asked for help from Gill Carberry and the Branch committee to ensure this happened. Dennis Fricker asked Vivienne to pass Rebecca the Branch's thanks for her fund-raising.

Members were advised of a Quiz Night being held on Friday 6 March at Nantwich Cricket Club.

Attention was drawn to the Shropshire Union Canal Walk in aid of Parkinson's UK planned for Sunday 10 May 2015 and organised by the Crewe U3A Ramblers Association with assistance from Head Office.

Copies of the Disabled Living Foundation (DLF) Catalogue containing disability equipment were made available together with information about a new loan service to test equipment before purchase.

BRANCH REPORT

The Branch, and ultimately Parkinson's UK, would not exist without its members, volunteers, family and friends, the support they give and fund-raising they carry out. The Committee would like to thank everyone connected with the Branch for their help and friendship throughout the year.

2015/16 COMMITTEE MEMBERS

Dennis Fricker (Chair)
Jenny Sadler (Vice Chair)
Angela Allinson/Mike Card (Treasurer)
Lesley Greenhalgh (Secretary)
Linda Cooke (Fund-Raising)
Carole Buckingham (Membership)

Bob Bennion
Margaret Elwell
Andrew Fricker
Geoff Sheridan
Jean Sheridan
Janet Wright

FUND-RAISING

Many events, both big and small, have been held this year to raise money for Parkinson's UK. Every penny raised is gratefully received and all fund-raisers thanked for their tremendous efforts.

Quiz Nights



We had two successful Quiz Nights in 2015 and have more planned for 2016. Wyn Jones is quizmaster with questions on a wide range of subjects and everyone enjoys the fish and chip supper from the Bramall Road Chip Shop.

We were delighted to see our friends from the Keele University Parkinson's Research Team at our event in November.

Shropshire Union Canal Walk

Branch members supported the second Canal Walk organised by the Crewe U3A Ramblers Association with assistance from Parkinson's UK Head Office.

100+ walkers enjoyed excellent weather for their choice of 5, 10 or 17 miles with refreshments and encouragement provided along the route.



Liverpool Cathedral Abseil

Following her Skydive in 2014, this year Rebecca Ranson decided to abseil down Liverpool Cathedral. Rebecca thoroughly enjoyed the thrill and experience and her sponsorship and commitment raised £612. Parents John and Vivienne were happy to watch and glad they didn't have to do it!!



Rebecca's involvement in fundraising was acknowledged at the CVS awards ceremony in June, where she received a volunteer star award.



Winsford Midweek Ladies Club

The club meets every 3rd Wednesday at the United Reform Church in Winsford at 7.30 pm. The branch was invited to give a talk in April and we were chosen as their charity of the year. A key fundraiser was a bag pack in Asda in December.

Presentation of a cheque for the money raised will be made at the club's AGM in April.

FINANCE

Donations are often received with instructions that the money should be used to assist local people with Parkinson's. Typically the money is used for

- Subsidising the cost of events such as the Christmas Lunch and Afternoon Tea
- Hire of rooms for AGM and other meetings
- Printing and postage

Committee volunteers do not get paid for time or travel.

We are very grateful for the donations because without them there are many things we could not do to support local sufferers.

Total Branch Income: £10,481

Fund-Raising:	£5,239
Donations:	£4,547
In Memory:	£615
Membership:	£80

Donations Made: £9,400

Parkinson's UK Head Office:	
Research	£9,000
Regional Activities	£400

PARKINSON'S AWARENESS WEEK



We marked Awareness Week with displays at Ashfields Primary Care Centre, Sandbach, and Tesco Extra, Crewe.

£90.90 was collected but, even more importantly, we were able to talk to members of the public about Parkinson's, answer questions and provide information about the organisation and support available to people with the condition and their friends and family.

SOCIAL EVENTS

Visit to Keele University

The Branch made donations, via Head Office, towards the Keele Medical School and Institute for Science and Technology in Medicine at Keele University in 2015.

Members spent an interesting afternoon at Keele with Rosemary Fricker, Paul Roach and their team who spoke about their current research, outlined links with other UK, European and global research centres, and showed us their laboratories and equipment.



Afternoon Tea

This year the venue was changed to Hunters Lodge. The food and arrangements were excellent and the event was given the thumbs up by those who attended.

Afternoon tea in pleasant surroundings gives members the opportunity to discuss problems and offer help and comfort to others. It is one of the events organised by the branch which is subsidised by donations made to be used to help local people with Parkinson's. A number of members asked if the event could be organised to happen more frequently and the Committee will debate the possibility at their next meeting.

Christmas Lunch

Like the Afternoon Tea, the Christmas Lunch is held annually and again subsidised. We repeated our venue from previous years and dined at Hunters Lodge. The food and organisation were excellent and we were entertained by a quiz created by our regular quizmaster, Wyn Jones.

Many members left with prizes from a large raffle. It is surprising how many prizes are won at a single table, some people are very lucky, and a good time was had by all. Thanks must go to those who helped and those who gave prizes.

Monthly Lunches



Lunches continued to be held at Minshull's Nursery with a wide range of speakers providing entertainment and information to many Branch members.

Winsford Sub-Branch

The monthly Winsford sub-branch meetings are very well supported with everyone helping to make the afternoons enjoyable.

The November event was a Christmas Tea-Party which raised £140.44.



Monthly Catch-Up, Duke of Gloucester

The Duke of Gloucester evenings are very informal providing an opportunity for a chat and a catch-up.

PARKINSON'S NURSE

After many years of fund raising and negotiation it can finally be reported that progress has been made in agreeing the structure and management of the position. Action is underway to employ a full time specialist nurse for our area. Interviews have been held. Branch Vice Chair, Jenny Sadler, was a member of the interview team.

The position has been offered and accepted. In the early months the nurse will be focusing on induction, training, formulating working practices and establishing contacts and links with other health care professionals. The service will then be rolled out gradually from early summer onwards.

EVENTS ATTENDED

- Connecting Care in Cheshire
- Design Group - Designing Improved Care Services
- Parkinson's Blackpool Conference
- Birmingham Research Conference
- Parkinson's Local Group Forums
- Winsford Ladies Club
- Parkinson's Together Event
- Long Term Condition Event, Leighton Hospital
- Sandbach Today

ACKNOWLEDGEMENTS

We would like to thank the following for their support this year. Nantwich Cricket Club, Mr and Mrs W A Jackson, Sandbach Inner Wheel, Carole Salmon, Belong Village - Crewe, Winsford Ladies Club, Sandbach Concert Series, Rotary Club of Crewe, Mr and Mrs B Deuble, Crewe Golf Club, Duke of Gloucester - Crewe, U3A Ramblers Association and many individuals too numerous to mention.

ELECTION OF COMMITTEE

Part 1: Conducted by Regional Officer

Chairman: **Dennis Fricker**

Part 2: Conducted by Branch Chairman

Retiring from position:

Mike Card: **Treasurer**

Members retaining position:

Vice Chair: **Jenny Sadler**
Secretary: **Lesley Greenhalgh**
Fund Raising: **Linda Cooke**
Membership: **Carole Buckingham**
Committee: **Bob Bennion**
Jean Sheridan

Standing for election:

Treasurer: **Geoffrey Sheridan**
Committee: **John Blower**
Margaret Elwell
Vivienne Ranson
Janet Wright

Nominations for any of the above can be made at the meeting.

Additional new committee members will be very welcome and can be accepted from the floor.

2016 EVENTS

CREWE BRANCH ACTIVITIES

Branch lunches will be held on the 2nd Tuesday of the month, 12.30 for 1 pm, at:

Minshull's Nursery, Eardswick Lane, Crewe, Cheshire, CW1 4RQ

Lunch is subsidised for members. Everyone welcome.

Tuesday 9 February	Branch Lunch - Minshull's Nursery - 12.30 pm
Tuesday 8 March	Branch Lunch - Minshull's Nursery - 12.30 pm
Tuesday 12 April	Branch Lunch - Minshull's Nursery - 12.30 pm
Monday 18 to Sunday 24 April	Parkinson's Awareness Week
Friday 29 April	Quiz Night - Nantwich Cricket Club - 7.30 pm
Tuesday 10 May	Branch Lunch - Minshull's Nursery - 12.30 pm
Tuesday 14 June	Branch Lunch - Minshull's Nursery - 12.30 pm
Monday 11 July	Afternoon Tea - Hunters Lodge
Tuesday 13 September	Branch Lunch - Minshull's Nursery - 12.30 pm
Tuesday 11 October	Branch Lunch - Minshull's Nursery - 12.30 pm
tba October	Quiz Night - Nantwich Cricket Club - 7.30 pm
Tuesday 8 November	Branch Lunch - Minshull's Nursery - 12.30 pm
Friday 25 November	Party for Parkinson's, Civic Hall, Nantwich - 7.30 pm
Saturday 3 December	Christmas Lunch - Hunters Lodge

WINSFORD DINGLE MEETINGS

These take place on the last Wednesday of the month between 2 - 4 pm, for tea, biscuits and chat. All members are welcome. Contact branch mobile 07592 554270. The Christmas meeting will be 30 November 2016.

The Dingle Centre, Winsford Library, High Street, Winsford, Cheshire, CW7 2AS

YOUNG AT HEART GROUP

The YAHS meet on the 4th Thursday of the month (except August) from 7.30 pm:

The Duke of Gloucester, University Way, Crewe, Cheshire, CW1 5NW

If you would like assistance in getting to any Parkinson's event, please contact the Branch.

CONTACT DETAILS

Crewe and District Branch

Mobile: 07592 554270
E-Mail: creweanddistrictparkinsons@live.co.uk
Website: www.crewe-parkinsons.org.uk

Branch Secretary - Lesley Greenhalgh

Telephone: 01270 567513
Mobile: 07772 068319
E-Mail: lesley@lcgreenhalgh.co.uk

Parkinson's Local Adviser (South and Eastern Cheshire and NHS Vale Royal)

For information on Parkinson's, benefits and local services and/or for support in getting your voice heard or your needs assessed please contact:

Susan Hughes

Telephone: 0344 225 3756
E-Mail: adviser6.northwest@parkinsons.org.uk

Head Office, Parkinson's UK

Telephone: Free confidential helpline: 0808 800 0303
Website: www.parkinson.org.uk
E-Mail: hello@parkinsons.org.uk

Charity Number: 258197

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VOLUNTEERING



The Branch is always looking for volunteers to help out at fundraising and community events. If you, or someone you know, would like to help - maybe selling raffle tickets, helping at a can collection, manning a leaflet stand or even joining the committee - please contact us.